



Dental Anesthesia Services Of Louisiana

PRE SEDATION INSTRUCTIONS

1. No Sedatives for 12 hours before or after the procedure (including Alcohol)
2. No chance of Pregnancy ****If there is any chance of pregnancy do not opt for this sedation****
3. Must have responsible person bring patient and taking patient home after procedure. This person must stay with patient until recovered from anesthesia.
4. No food 6 hours or liquid 2 hours prior to appointment, except medications taken on a daily basis – use only a sip of water. These meds must be reported to the CRNA.
5. Wear loose, comfortable casual clothing (i.e. Blouse, Short Sleeve Shirt, etc)
6. Please remove nail polish from one finger on each hand before procedure.
7. You may brush your teeth, but do not swallow the water.
8. If you have questions, ASK! Write your questions down if you believe you will forget to ask.

POST SEDATION INSTRUCTIONS

1. Go home and rest for the remainder of the day
2. Do NOT perform any strenuous activity. You should remain in the company of a responsible adult until you are fully alert.
3. No stairs or exercise until completely recovered
4. Do NOT attempt to eat a heavy meal immediately. If you are hungry a light diet (liquids and toast) will be more than adequate.
5. A feeling of nausea may occasionally develop after sedation. The following may help you to feel better:
 - Lying down for a while
 - A glass of cola beverage
 - Pain medication or antibiotics on an empty stomach is the main cause of nausea
6. Do NOT drive a motor vehicle or perform any hazardous tasks for the remainder of the day
7. Take any medication(s) that have been ordered for you by the doctor. Take them only as directed.
8. Call your dentist with any questions or concerns.